

## DENTAL HYGIENE SELF ASSESSMENT FORM

Please complete this self-assessment to facilitate the assessment of the equivalence of your qualifications and training with the prescribed qualifications for registration. For each of the scopes of practice you are applying for registration in please identify the activities covered in your training and the extent of your recent/current practice in this activity.

<b>Name</b>	
Given names	Family name
Other names	

### 1. General Dental Hygiene Practice

Activity	Extent to which this was covered in training	Extent of current practice in this area
Obtaining and reassessing medical and dental health histories		
Examination of oral tissues and recognition of abnormalities		
Assessing and provisionally diagnosing disease of periodontal tissues, and appropriate referral		
Obtaining informed consent for dental hygiene care plans.		
Providing oral health education, information, promotion and counselling		
Scaling, debridement and prophylaxis of supra and subgingival tooth surfaces		
Applying prescription preventive agents under the direct clinical supervision of a dentist		
Applying and dispensing non-prescription preventive agents and fissure sealants.		

Applying and dispensing topical agents for the treatment of tooth surface sensitivity and tooth discolouration		
Administering topical local anaesthetic		
Taking impressions, recording occlusal relationships and making study models		
Taking impressions, constructing and fitting mouthguards and bleaching trays		
Taking intra and extra oral photographs		
Performing postoperative procedures such as removal of sutures and placement and removal of periodontal dressings		
Recontouring and polishing of restorations		

## 2. Undertaking Orthodontic Procedures in Dental Hygiene Practice

Activity	Extent to which this was covered in training	Extent of current practice in this area
Oral hygiene instruction, care and maintenance of orthodontic appliances		
Taking clinical photographs for records		
Making study models including taking impressions and bite records		
Pre banding polishing of teeth		
Removing and placing arch wires as formed by the orthodontist		
Removing composite/band cement following removal of fixed appliances		

Removing O rings		
De-bonding and de-banding fixed appliances		
Replacing loose bands		

### 3. Administering Local Anaesthetic in Dental Hygiene Practice

Activity	Extent to which this was covered in training	Extent of current practice in this area
Administration of local anaesthetic using dentoalveolar infiltration and inferior dental nerve block techniques		

### 4. Intra Oral Radiography in Dental Hygiene

Activity	Extent to which this was covered in training	Extent of current practice in this area
Taking periapical and bitewing radiographs for the purpose of recognising disease of the periodontium		

### 5. Extra Oral Radiography in Dental Hygiene

Activity	Extent to which this was covered in training	Extent of current practice in this area
Taking extra oral radiographs		

### 6. Other activities

Please provide details of any activities you were trained for and currently carry out, which are not covered in the above scopes of practice.

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**7. Working relationship with dentist**

In New Zealand dental hygienists practise in a team situation with clinical guidance provided by a practising dentist or dental specialist. Dental hygienists are responsible and accountable for their own clinical practice within their scope of practice, but the dentist or dental specialist is responsible and accountable for the clinical guidance provided. Some procedures of dental hygiene practice require direct clinical supervision by a dentist or dental specialist. Please comment on the working relationship you have with a dentist – in terms of what your training has equipped you for and current practice (eg a supervisory relationship working to an oral health plan drawn up by the dentist).

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**8. Continuing Professional Development**

In determining whether an applicant is competent to practice the Council will consider, amongst other things, the following matters:

- training, experience and formal qualifications
- recency of practise (has the applicant practised in the last 3 years?)
- continuing professional development (CPD) (has suitable CPD been completed within the last 3 years?)

Dental Hygienists in New Zealand are required to complete a minimum of 60 hours of verifiable CPD within a four year period. Please provide details of the CPD you have completed within the last three years.

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**Please include this self assessment form with your application.**